

Summer Menu

Week 4

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals Weetabix, Rice Krispies, Ready Brek Toast / milk or fresh water to drink G, DA				
Snack	Rice cakes	Crackers G	Breadsticks G, SS	Rice cakes	Crackers G
Lunch	Beef noodles G	Mushroom risotto G, DA	Chilli con carne G, DA, MU	Chicken wrap with vegetable sticks G	Fish fingers, wedges and vegetables G, F
Vegetarian Lunch	Vegetable noodles G, E	Mushroom risotto G, DA	Quorn chilli con carne G, E, DA, MU	Quorn wrap with vegetable sticks G, E	Fishless fingers, wedges and vegetables G, E, DA
Dessert	Fruit and yoghurt DA	Lemon and lime shortbread G	Lemon sponge G, DA	Variety of fruit	Fruit and custard DA
Tea	Crackers, ham / chicken and vegetable sticks G	Spaghetti hoops on toast G	Jacket potato and baked beans G	Homemade tomato soup G, DA	Selection of homemade sandwiches G, DA
Vegetarian Tea	Crackers, cheese and vegetable sticks G, DA	Spaghetti hoops on toast G	Jacket potato and baked beans G	Homemade tomato soup G, DA	Selection of homemade sandwiches G, DA
Dessert	Custard swirls G, DA	Vanilla smoothie DA	Yoghurt DA	Banana Flapjack G	Frozen yoghurt pots DA

Where allergens are present, they are displayed under the appropriate meal

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| 1. CE - CELERY | 8. M - MOLLUSCS |
| 2. G - GLUTEN | 9. MU - MUSTARD |
| 3. CR - CRUSTACEANS | 10. N - NUTS |
| 4. E - EGGS | 11. PE - PEANUTS |
| 5. F - FISH | 12. SS - SESAME SEEDS |
| 6. L - LUPIN | 13. SO - SOYA |
| 7. DA - DAIRY | 14. SD - SULPHUR DIOXIDE |

All our food is produced each day on site by our own chef
All dietaries are catered for. Please speak to us if you have any questions.

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